



Approach Sheet

Name: _____ Date: _____

***Fill in the first 3 parts now. Later after you have approached the person fill in the last part**

(1) WHO will you talk to?

(2) WHAT will you say?

(3) What do you PREDICT will happen?

(4) What did happen in REALITY?

You may want to ask yourself:

- ❖ What did you learn from trying this?
- ❖ Did you get what you wanted, or at least part of what you wanted?
- ❖ Is there anything you might do differently next time?
- ❖ How do you feel about your experience?
- ❖ How difficult was it?